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DOLLAR FLIRTING WITH PARITY AGAIN, PG 8

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Candidate wants to help kids start healthy lifestyles

POLITICS Mayoral contender Paul Hughes announced his first policy yesterday on Twitter, stating kids aged 12 and under should receive free annual passes to all Calgary recreation facilities.

Hughes said this will give kids a healthy lifestyle.

"If kids develop habits such as swimming and exercising at a young age using facilities, it's likely to follow them for the rest of their lives," said Hughes.

While Hughes believes it's an investment in avoiding future health expense by having healthy citizens, he didn't have a value for the lost revenue.

"I don't know the true cost in accounting, but I'd like to find out."

IMAN BUKHARI/
FOR METRO CALGARY

Celebrity Buzz pg 16

No Love for Hewitt

On the web
Visit metronews.ca for news updates

Brier

Koe wins thriller

ANDREW VAUGHAN/THE CANADIAN PRESS

Alberta skip Kevin Koe celebrates his rink's 6-5 extra end Brier victory over Ontario last night in Halifax. Story, page 12.

Calgary-area men dead in avalanche

Two men swept away by a killer avalanche in British Columbia were business partners in Strathmore, just east of Calgary.

Thirty-one people were sent to hospital, one in critical condition in the avalanche on Boulder Mountain, in the Monashee Mountains, near Revelstoke, Saturday, during the annual Big Iron Shoot-Out.

RCMP confirmed late last night that the two men killed in the avalanche were Curtis Reynolds of Strathmore and Shay Snortland of Lacombe. The two deceased men were reportedly in business together in an oilfield hauling company based in Strathmore.

Two men who witnessed the avalanche said it hit so many people in part because a crowd stopped to watch snowmobilers racing uphill.

Steve Langevin, 38, of Calgary, said he thought the onlookers were safe from the people he called "those crazy guys" because they were what seemed like kilometres away, but the wave of snow was so massive it easily reached them.

Police wouldn't directly say who or what caused the avalanche.

RCMP said 19 of the 31 injured were released from hospital. Four were transferred to hospitals in Calgary, Kelowna, Kamloops and Vernon, B.C., for treatment of more serious injuries.

So far this year, there have been far fewer avalanche deaths compared to last winter when there were two dozen. One slide claimed the lives of eight snowmobilers near Fernie, B.C., in December 2008. There were 13 avalanche deaths the previous winter.

THE CANADIAN PRESS

MORE COVERAGE, PAGE 3

All accounted for

• After searching for abandoned vehicles and canvassing hotels in the Revelstoke area, Cpl. Dan Moskaluk said there was nobody that RCMP know of left unaccounted for, and no new reports of missing people.

Southeast shooting leaves two hospitalized

KRISTA SYLVESTER
krista.sylvester@metronews.ca

CRIME Two men are recovering in the hospital with non-life threatening injuries after an early morning shooting in the city's southeast yesterday.

Duty Insp. James Hardy said when police responded to reports of gunshots in the alley behind a strip mall in the 5200 block of 17 Ave. SE around 5:40 a.m. There were a number of people in the area, but no victims. Hardy confirmed two men in their 20's showed up at Foothills hospital with non-life threatening injuries later in the day.

"We have a number of people being interviewed in connection, but right now we don't know why are what caused this incident," Hardy said.

Police believe a social gathering was taking place in the strip mall and an altercation led to a person with a firearm preventing a vehicle from leaving the area, resulting in both gunshot wounds and a collision.

Police continue to investigate.

Suspect

• Police say some of the people involved are known to police and believe the suspect may be one of the men at the hospital, though no charges have been laid at this time.

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Local

Ammonia leak leads to evacuation

The Haz Mat team had to evacuate those in the immediate area surrounding a building on Brandon Street SE yesterday because of an ammonia leak. Water streams were used to dissipate escaping vapours and crews ventilated the area. No injuries were reported in the incident. METRO CALGARY

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See the Local page to learn how to scan.

CALGARY OBITUARIES

CalgaryObits.com notes the following deaths in our community:

BRAUL, Henry
CHANCE, Frohlic
CLIVE, Oglestone
CROSBIE, Hugh William
CUNNINGHAM, Norma June (nee Woolston)
DORAIS, Alfred
FEA, Frederick Robert (Bert)
GIBSON, Verna Myrtle (nee Titus)
HAMILTON, Nancy Jean
HEISLER, Donald (Don) John
HNATIW, Dmytro
HUTCHINGS, Stella (nee Coslik)
JOHNSON, Lloyd Eric
JORDAN, Mary (Stella)
MACKEY, John-Michael
MCKAY, Neil Ross
MCLAUGHLIN, William Wayne
MCMILLIN, Arthur John
MYRNA, Meville
OWCHAR, Walter Lodge
PIDGEON, Marian Evelyn
SCHULTE, Dr. Francis George
SIMMONDS, Germaine Elizabeth (Guilbault)
TAYLOR, Mae Rosalind (Lynn)
TESTIN, Marie Ann (nee Hutter)
WILLIAMSON, Robert Floyd
WILSON, Robert (Bob)

For full obituaries go to CalgaryObits.com

'Wait and see': Alderman

Jones says proposal for LRT route parking ban jumping the gun

KRISTA SYLVESTER
krista.sylvester@metronews.ca

Rather than creating a solution for a problem that may not even be there, a Calgary alderman thinks the city should take a "wait and see" approach before enforcing restricted parking along the planned west LRT route.

Ward 5 Ald. Ray Jones doesn't believe creating no parking zones along the proposed west transit route is the right avenue to take as Ald. Joe Connelly plans to propose at Wednesday's transportation committee meeting.

"I don't think they should be presupposing problems in the area when there may not end up being a problem," Jones said yesterday.

Connelly is lobbying his fellow council members to introduce no parking zones for non-residents to get ready for the opening of the LRT route in 2012 and said non-resident parkers could face fines.

"I'm not saying there won't be a parking problem; there may be. But I think that's something we can deal with easy enough after. I mean, that is two years away, it's not being built overnight," Jones said of the proposal.

Longtime area resident Harry Horn said he doesn't think there will be a problem and hopes the city won't make it harder for residents to park.

KRISTA SYLVESTER/METRO CALGARY

As construction on the West leg of the LRT continues to block traffic along 17th Ave. SW, an alderman is proposing to have large no parking zones in residential areas along the line when it opens.

Transit lots

- According to the Calgary Transit website, there are currently 32 park and ride transit lots, 19 of which are pay lots at $3 a day.

Cake Walk fundraiser a dessert-lover's dream

L'ARCHE Hundreds of Calgarians had a double helping as they strolled down cake lane during the fourth annual L'Arche Calgary Cake Walk yesterday.

About 1,500 kids, parents and all-around cake lovers voted on their favourite looking cakes at SAIT for the L'Arche fundraiser, with the funds going towards homes and programs for people with developmental disabilities, organization executive director Peggy Loescher said.

"This is just a great, fun family event for everyone. We have so many cakes to look at and things to try, people are really having a lot of fun for a good cause," she said.

Loescher said last year the event raised over $100,000 towards the organization's five homes for persons with disabilities and members of the community receiving support.

"We'd love to see that much again this year," she said of the Metro sponsored event.

Duncan Chute is one of the community members who receives support from the organization and he was thrilled to see so many people supporting the event.

"It's fun, and really nice to see so many people here. It really helps a lot of people out."

L'Arche teamed up with The Pastry Chef Guild of Alberta for the bi-annual Lindt chocolate competition between the city's finest culinary professionals, chefs and bakers.

KRISTA SYLVESTER/METRO CALGARY

KRISTA SYLVESTER/METRO CALGARY

Six-year-old Izabella Dubon looks up in amazement at one of her favourite cakes at the fourth annual L'Arche Calgary Cake Walk fundraiser and contest yesterday at SAIT.

> **"This is just a great, fun family event for everyone. We have so many cakes to look at and things to try, people are really having a lot of fun for a good cause."**
> Peggy Loescher of L'Arche

U of C group find special poppy gene

RESEARCH University of Calgary researchers discovered a unique gene that allows opium poppy to make codeine and morphine.

This will create an alternate method for producing effective painkillers. Codeine is by far the most widely used opiate in the world and one of the most commonly used painkillers.

METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@alexflint Sunridge Superstore seriously needs to open more lanes. 8 out of 18 are open and allllllll of them are lined up. #yyc

@sairahbilly Fact: I was born in Calgary. Also fact: I am NO fan of the Calgary Flames.

@DansGoodSide lovin' this weather in Calgary. We are lucky to have patio pints in the sun. Sorry Sask....

metronews.ca

What's online today.

Video Calgarians take a stab at our national anthem **at metronews.ca/local**

Immigration Guidy Mamann on the poor performance of Ottawa's new 'Canadian Experience Class' at **metronews.ca/immigration**

Lotteries

Friday, March 12
Lotto Max: 17, 18, 19, 21, 32, 40 & 49 Bonus 6
Saturday, March 13
Lotto 6/49: 3, 13, 15, 28, 41 & 47 Bonus 40
These results are not official.

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Mayor seeks peace bond against newspaper owner

The mayor in Walkerton, Ont., is trying to get a peace bond slapped on an area newspaper owner. Charlie Bagnato is targeting Brian Raper of the Cargill Area News over articles critical of the mayor and town. He says the final straw came when one article suggested he and some councillors be lynched. THE CANADIAN PRESS

Canada

Coyotes a growing danger: Hunter

A hunter says coyotes in midwestern Ontario are becoming a danger. Len Baird says a fatal coyote attack in Cape Breton, N.S., last year should serve as a warning. Coyotes are an increasing nuisance for livestock farmers, and have been spotted in Kincardine, Ont. Baird says the animals also pose a threat to kids walking to school in rural areas in the region. Bruce County has doubled its bounty on coyotes, but Baird says more has to be done to lower their numbers. THE CANADIAN PRESS

JEFF MCINTOSH/THE CANADIAN PRESS

An RCMP vehicle drives to where an avalanche struck Saturday, killing two people and injuring 30 others near Revelstoke, B.C.

Avalanche prompts debate

TRAGEDY For "sled-heads," events like the Big Iron Shoot-Out are a powerful draw into B.C.'s rugged backcountry, offering bragging rights as the main prize for participants on their high-powered snowmobiles. But Saturday's deadly avalanche at the annual event near Revelstoke, B.C. — apparently triggered by daredevils climbing up the slope in hazardous conditions — has prompted debate even within the tight-knit snowmobiling world.

It's still not clear what exactly triggered the slide Saturday that killed two people, but witnesses say a small group were high-marking at the time — racing up the mountain in a competition to see who could leave the highest mark on the mountain.

THE CANADIAN PRESS

Feds leave Canadian moms short: Report

Federal cash for troubled pregnancies and newborns in Canada remains in short supply even as the Conservative government leads a global campaign to improve the health of mothers and children overseas.

A newly released report praises a national program to help high-risk pregnant women bear healthier babies — but notes the funding hasn't really budged in a decade.

The report echoes another analysis last year that found Ottawa consistently fails to spend the money it promises to fight fetal alcohol spectrum disorder, which leaves newborns with a lifetime of afflictions.

The report, covering the five-year period ending in 2009, found the projects have helped thousands of pregnant women to quit smoking and drinking, to eat better, to take vitamins and to breastfeed their newborns.

The result was many fewer premature births, better birth weights and generally healthier babies, all at significant savings for health-care budgets in more than 2,000 communities.

The reduction in the number of low-birth-weight infants alone saved $1.6 million in hospital costs, says the November 2009 study.

But the authors also note "the last upward adjustment to (program) funding dates back to 1999," and call on the government to "address funding stability."

Key recommendations and comments, however, are censored in the released version.

THE CANADIAN PRESS

ScanLife

More immigration sets up political scrap for votes

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Learn how to scan on the Local page.

News in brief

FUNDING When government funding for a foundation dedicated to climate research dries up at the end of the year, scientists say the aftershocks of its departure will be felt not only in Canada, but by researchers around the globe. The 2010 federal budget offered no new cash to the Canadian Foundation for Climate and Atmospheric Sciences, a group that has been financing research on everything from melting glaciers to drought to the thawing permafrost.

LAWSUIT The latest meat recall due to concerns over listeria contamination has prompted a proposed class action. Merchant Law Group says it is suing Siena Foods Ltd. on behalf of anyone who bought or ate the meat in question. The law firm says Siena was "negligent" in producing contaminated meat. The suit is looking for financial compensation, regardless of whether illness results.

THE CANADIAN PRESS

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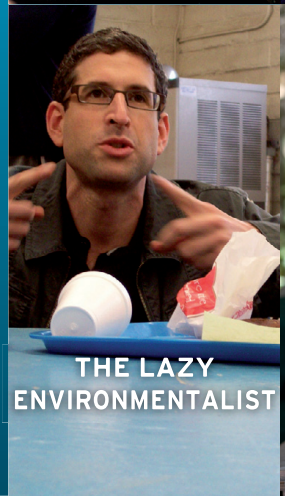

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Comment

Warning: Spring hasn't sprung yet

Facebook is abuzz with optimistic Calgarians chirping about the signs of spring; one of my friends even removed his winter tires, reinstalling the all seasons. As a native Calgarian, I'd like to remind you all — keep the shovels out, the winter tires on and your boots at the front door — our streets and sidewalks will be covered in white stuff before long.

It's a perennial Calgary condition — the first stretch of warmth launches a chorus of declarations that winter is over, as if we've drifted into a state of group denial. It's almost understandable this year since winter 2009-10 has been the warmest and driest on Canadian record.

This season has been the warmest, at 4 C above normal, since nationwide records were first kept in 1948. We've also seen 22 per cent less precipitation than normal, nationally.

On the web

- For all your transit news and service updates, check out our new transit page at metronews.ca

We've actually not done too badly for snow this season. Since December, 72 centimetres has fallen, more than our city's average of 58.9 cm for the period. And if history tells us anything, we should expect more snow and soon.

March is historically our city's snowiest month with an average of 22 cm throughout the month.

The city knows this and is prepared. The transportation department keeps the full snow fleet on call until mid-April.

The rest of us should remain prepared, too, no matter how sad it might be to stay attached to the winter tires, snow shovels and boots.

Adrienne Beattie is a Calgary-born writer who has covered urban issues since 2001 and has an English degree from the University of Calgary.

Views

Friends, countrymen lend me your sheets

The toughest part of writing a weekly column is the "what the hell am I going to write about" syndrome. Usually, this involves staring for hours at a blank screen thinking, "Hmmm ... cellophane. Could I say something about cellophane?" This is not nearly as much fun as it sounds.

A good column topic is intriguing, timely and, most of all, not likely to illicit reader email with the subject line "Why don't you get a real job?"

But today finding a topic is easy. It's March 15. Which means it's the Ides of March. Which means it's also the International Association of Hash House Harriers' Roman Toga Race. This is a really big day.

Some readers may now be asking, "What's this Ides stuff?" "The Hash House who?" or "Why don't you get a real job?" (Mom, stop sending me these emails).

The Ides of March is the day Roman emperor Julius Caesar was stabbed to death by a group of his closest colleagues.

In modern times, the Ides of March is known for: 1. It being difficult to convince a politician to go for lunch; and 2. The Hash House Harriers' toga race.

The Hash House Harriers society began in 1938 when British soldiers decided they needed a physical fitness regime that would: a) help them get rid of their hangovers from the weekend before; and b) help them acquire a good thirst so they could hit the beer again.

The rules of harrier racing go: One person starts running. Everyone else tries to catch them. There is no designated finish line. Basically, the game ends when someone says, "Right then. Who's for a drink?"

On March 15, global Hash House Harrier societies gather in Rome, put on togas and run past the spot where Caesar was stabbed. Then they all go out for a drink. Their motto is, "I mean, why not?"

So, fellow citizens, let us, too, honour Caesar. Let us don bed sheets and runneth past city hall. Or maybe just hoist a glass with friends. Your choice.

Happy Ides of March!

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

MICHAEL DE ADDER

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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U.S. consulate employees in Mexico worried about families
Government employees at six U.S. consulates in northern Mexico are being authorized to send their family members out of the area due to rising drug-related violence. THE ASSOCIATED PRESS

World

Vatican denies celibacy root of sexual abuse

Scandal rousing speculation

The Vatican yesterday denied that its celibacy requirement for priests was the root cause of the clerical sex abuse scandal convulsing the church in Europe and again defended Pope Benedict XVI's handling of the crisis.

Suggestions that the celibacy rule was in part responsible for the "deviant behaviour" of sexually abusive priests have swirled in recent days, with opinion pieces in German newspapers blaming it for fuelling abuse and Italian commentators questioning the rule.

Much of the furor was spurred by comments from one of the pope's closest advisers, Vienna archbishop Cardinal Christoph Schoenborn, who called this week for an honest examination of issues like celibacy and priestly education.

The Vatican has been on the defensive ever since the first of some 170 former students from Catholic schools in Benedict's native Germany came forward with claims of physical and sexual abuse, including at a boys choir once led by the pope's brother. THE ASSOCIATED PRESS

THE ASSOCIATED PRESS

A tree lies across a smashed car yesterday in Wantagh, N.Y.

U.S. Northeast battered by rains, wind

WEATHER Last month, the U.S. Northeast was smothered by blizzards. Now, it's waterlogged by torrential rains.

The region mopped up yesterday following a bout with high wind and heavy rains that uprooted trees, downed power lines and flooded some creeks and rivers. Six people died in storm-related accidents and hundreds of thousands were without electricity.

THE ASSOCIATED PRESS

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Less invasive surgery for leaky heart valves in the works

Many people in the U.S. with leaky heart valves soon might be able to get them fixed without open-heart surgery. A study showed that a tiny clip implanted through an artery was safer and nearly as effective as surgery, doctors reported yesterday. THE ASSOCIATED PRESS

Bombs a 'warning': Taliban

Deadly Kandahar strikes meant to ward off NATO troops

The Taliban yesterday called their deadly bomb attacks on the southern city of Kandahar a warning to NATO's top general that the insurgents were ready for the war's next major offensive in their heartland.

The series of bombings that demolished buildings and killed dozens — including 10 people at a wedding — prompted the provincial governor to plead for more security in the area.

Fearful residents said they had no confidence that either government or foreign troops can protect them.

Taliban spokesman Qari Yousef Ahmadi said the Saturday night attacks proved the insurgents were still able to operate despite the buildup of Afghan and international troops in preparation for a push into Kandahar province.

A Taliban-linked website called the attacks in the south's largest city a "warning" to NATO's Gen. Stanley McChrystal, who has said coalition forces will target Kandahar later this year after driving the insurgents from a key stronghold in neighbouring Helmand province.

"Gen. McChrystal has said that soon they will start their operations, and now we have already started our operations," Ahmadi told The Associated Press in a telephone interview. "With all the preparations they have taken, still they are not able to stop us."

However, Ministry of Interior spokesman Zemeri Bashary said the attacks failed to achieve their main objective, which was apparently to repeat the success of a 2008 suicide bombing at the prison gates that freed hundreds of criminals and suspected insurgents.

Canadian troops had recently reinforced the lock-up with cement block, so Saturday's blast did not break through and no inmates escaped this time. THE ASSOCIATED PRESS

ALAUDDIN KHAN/THE ASSOCIATED PRESS

An Afghan police officer stands yesterday near shops damaged in an explosion outside the police headquarters in Kandahar, Afghanistan. The governor of Kandahar province demanded more security around Afghanistan's largest southern city after 12 explosions killed dozens of people.

"They wanted to free the prisoners ... but they failed in their mission."
Zemeri Bashary

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Prince to visit bison-filled virgin forest in Poland

WILDLIFE Britain's Prince Charles visits Poland today, a journey that includes a visit to a bison-filled woodland — Europe's last remaining primeval forest thanks to preservation efforts of kings and czars of centuries past.

The British Embassy in Warsaw said the environmentally minded prince, along with his wife, Camilla, will visit a bison reserve where they will be guaranteed a view of several of the hefty beasts that are Europe's largest land mammals and less-hirsute cousins of the North American buffalo.

They will then go to a feeding point where they may be able to see some of the imposing animals wandering freely.

During the warmer months, the bison feed on grass and other vegetation, living in the wild and avoiding human settlements. But during the winter they are dependent on supplemental feeding stations that help them survive and keep them from ravaging farmlands.

Rafal Kowalczyk, a mammal ecologist who studies the bison, many of whom he has fitted with GPS collars to track their movement, calls the animals "ghosts of the forest."

"When you catch a sight of their horns in the distance in summer it is like magic," he said. But the winter is another matter: "they become like lazy cows."

On Tuesday, the royal couple will visit the Bialowieza Forest, an immense virgin forest that straddles Poland and Belarus that is also home to wolves, lynx and otters. THE ASSOCIATED PRESS

Biggest population

- There are more than 800 bison in the park, with 450 on the Polish side, together making up the world's largest free-living population of European bison.

KATE ZULU
42D

Bison forage in the recently fallen snow in Poland's Bialowieza Forest. THE ASSOCIATED PRESS

Ex-Thai leader's followers stage peaceful protest

BANGKOK As many as 100,000 people demonstrated peacefully against Thailand's government at a party-like rally yesterday, but the capital was kept on edge by their threat to continue protesting until Prime Minister Abhisit Vejjajiva calls new elections.

The so-called Red Shirts — comprising followers of former Prime Minister Thaksin Shinawatra and their allies — rallied along a boulevard that is a traditional venue for protests.

The protesters, formally grouped as the United Front for Democracy against Dictatorship are demanding Abhisit dissolve Parliament and call new elections, which they believe will restore their political allies to power. THE ASSOCIATED PRESS

Clan warfare over land rights kills 15 in Somalia

INFIGHTING A clan elder in Somalia says a fight over land rights between two rival clans has killed at least 15 people.

Clan elder Abdulahi Bashir Jama says Saturday's fighting was triggered by long-standing hostilities over land ownership. The fighting took place in Amara village in the country's north, far from the capital of Mogadishu, where Islamist militants have been clashing with government troops.

Somalia has not had a functioning government for a generation, since clan warlords overthrew a socialist dictator in 1991.

The warlords then turned on each other, and the Islamist movement — which held the capital and much of the south for the second half of 2006 — was the first force that built lasting alliances across clan lines. THE ASSOCIATED PRESS

Citizens flee

- Frightened Somalis fled the heaviest fighting Mogadishu has seen in almost a year Friday, after hundreds of heavily armed insurgents moved into an area this week previously controlled by government soldiers. The battles could foreshadow a violent spring, as government troops prepare to launch a true offensive against insurgents.

LINDSAY PERRY
21J

News in brief

ISRAEL Israel's government has approved a plan to lure the country's top scientific minds back home after years of brain drain. Prime Minister Benjamin Netanyahu's office said in a statement yesterday the plan includes incentives for scientists and new research facilities. It did not elaborate, but said around $250 million have been earmarked for the project. The plan aims to encourage Israeli scientists and technicians — many of whom have left Israel for more lucrative research opportunities — to return. THE ASSOCIATED PRESS

Leftists riding high as France votes

ELECTIONS France was electing new regional governments yesterday in a vote that is seen by many as a referendum on President Nicolas Sarkozy's 2 1/2 years in power.

Leftists are riding high into the elections, which look likely to result in a setback for Sarkozy's conservatives, blamed by many voters for failing to protect their jobs amid the economic downturn.

France's struggle to integrate its millions of Muslims has also come to the fore in the campaign for 1,880 seats on regional governments in mainland France and in overseas regions.

The opposition Socialists won control of 20 of the 22 regions in mainland France at the last election in 2004. Sarkozy's conservative UMP party had hoped to win some of those back in this election, but polls suggest the Socialist-led left will win the overwhelming majority of regions.

Socialist leader Martine Aubry, whose party long has suffered from division and lack of a new vision, said she hoped for a "grand slam" — leftist domination of all the regions.

Sarkozy and his wife, former supermodel Carla Bruni-Sarkozy, cast their ballots in Paris, stopping to shake hands with a crowd of onlookers. Aubry, too, voted early in the day. THE ASSOCIATED PRESS

50% Abstention was likely to be high, with polls predicting only about half of the country's 45 million eligible voters will cast a ballot.

Laptops save energy
Are you looking into buying a new computer? Choose a laptop — it uses about six times less electricity than your traditional desktop, according to The Carbon Buster's Home Energy Handbook. METRO NEWS SERVICES

Going Green

Chilling effect

Chill is a critical survey of climate change by a committed environmentalist and scientist. Based on extensive research, it reveals a disturbing collusion of interests responsible for creating a distorted understanding of changes in global climate. METRO NEWS SERVICES

EDITOR: BEN.RYCROFT@METRONEWS.CA

Going green for greenbacks

BEN KNIGHT
for Metro Canada

Taking out the trash has gotten complicated. Different bins, different pick-up days. Wouldn't it be nice if someone actually paid you to do this stuff?

For more than a million households in the United States and Great Britain, somebody does.

RecycleBank is an incentive points program that collects recycling curbside, weighs it, and assigns points that are redeemable for discounts with local merchants.

"It's a win, win, win," says Atul Nanda, president of RecycleBank's Canadian division. "We're increasing diversion in our cities, increasing economic stimulus for the stores, and providing value-added incentive for people to increase their environmental behavior."

The program is not available in Canada quite yet, but is now running in 25 American states. Pilot programs already exist in Chicago, Los Angeles, Phoenix, Houston and Atlanta.

"We've been in discussions with several cities in Canada," Nanda says. "At this point, we don't have a firm date, but we're going to continue our negotiations. The areas we've looked at have been in Ontario, as well as on the west coast."

Recyclebank got some significant acknowledgement in 2009, when the company was named a United Nations Environment Program Champions of the Earth.

"To date, the material recycled by the households we service has enabled RecycleBank to save cities tens of millions of dollars annually in landfill disposal fees, save over 1.5 million trees, and save millions of gallons of oil," company founder Ron Gonen said in his U.N. acceptance speech.

"We have over 2,500 partners," Nanda notes. "That's larger than virtually every other loyalty program out there. We have a very robust partner list. We are also expanding our services to be more than just recycling diversion. We have an electronics e-waste program. We're also partnered in with eBay to help incentify people for reducing."

Having recently crossed the million-home threshold, RecycleBank is aiming for sustained growth in Canada..

"I'd like to think that in three years we'll be in at least half of Canada, as well as the majority of the states," Nanda says. "Projections are very difficult to make, but based on our rapid growth so far, I think it's only going to accelerate, eventually reaching 10 or 20-million households."

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Head of Canwest's publishing division stepping down

Dennis Skulsky is stepping down as head of the publishing division of Canwest Global Communications Corp. in what he described Friday as a "very personal decision," but he'll still be involved in the next step in the newspaper company's restructuring and sale. THE CANADIAN PRESS

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

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Apple rewards its stand-in chief

BONUS Apple Inc. is giving its chief operating officer a $5 million US bonus for "outstanding performance" running the company while CEO Steve Jobs was on medical leave.

Timothy Cook, 49, will also receive 75,000 restricted stock units scheduled to vest in 2011 and 2012.

Jobs, 55, limits his salary to $1 per year, which leaves Cook the company's highest-paid executive. In 2009, Cook received an $800,400 salary — $800,000 in non-stock incentive compensation; and about $40,900 in company matches to his retirement account, life insurance premiums and cash for unused vacation days.

The COO also holds 13,741 shares of Apple stock.

THE ASSOCIATED PRESS

Canadian dollar flirts with parity

The latest inflation data could move the Canadian dollar even closer to parity with the U.S. dollar this week after a strong employment report Friday sent the loonie surging.

The currency ended the week at 98.2 cents U.S. and during the course of Friday trading came within about a cent and a half of parity — its highest level since July 2008. The loonie hasn't been level with the greenback since May 2008.

"It sounds a bit counter-intuitive to see a strong inflation report being good for a currency." Doug Porter, BMO Capital Markets

The reason for the currency's latest runup was a better than expected Canadian employment report for February. Statistics Canada reported that 21,000 jobs were created last month, better than the 15,000 that had been expected by many economists. The unemployment rate fell to 8.2 per cent from 8.3 per cent.

The report served to further convince currency traders that the Bank of Canada will move to raise interest rates mid-year.

And pressure on the dollar could build at the end of this week when the February Consumer Price Index is released.

"If we get a surprisingly high reading on that front, then expectations of Bank of Canada interest rates hikes will just build incredibly and that could be the trigger that pushes us through parity if that CPI report is higher than expected," said Doug Porter, deputy chief economist at BMO Capital Markets.

"It sounds a bit counter-intuitive to see a strong inflation report being good for a currency, but that's the way currency markets read this at least over the short term is that strong inflation equals interest rate hikes which equals a more robust currency."

THE CANADIAN PRESS

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Business in brief

NICKEL Vale said Friday it plans to increase nickel production at its strike-bound operations in Sudbury, Ont., after workers voted to reject the company's latest contract offer. More than 3,000 workers represented by the United Steelworkers have gone on strike.

THE CANADIAN PRESS

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U.S. officials, Toyota fail to mimic incident: Memo

Investigators with Toyota Motor Corp. and the U.S. federal government could not replicate the runaway speeding reported by a Prius owner who said his car's accelerator stuck as he drove on a California freeway, according to a memo for a congressional panel.

The memo, obtained Saturday by The Associated Press, said the experts who examined and test drove the car could not replicate the sudden, unintended acceleration James Sikes said he encountered. A backup mechanism that shuts off the engine when the brake and gas pedals are floored also worked properly during tests.

Sikes, 61, called 911 last Monday to report losing control of his 2008 Prius as the hybrid reached speeds of 151 km/h. A California Highway Patrol officer helped Sikes bring the vehicle to a safe stop.

Sikes' car was covered by the floor mat recall but not the one for sticky accelerators. He later told reporters he tried to pull on the gas pedal during his harrowing ride, but it didn't "move at all."

During two hours of test drives of Sikes' car Thursday, technicians with Toyota and the National Highway Traffic Safety Administration failed to duplicate the same experience Sikes described, according to the memo written by the Republican staff of the House Committee on Oversight and Government Reform.

THE ASSOCIATED PRESS

Timing

- The incident happened at the worst possible time for Toyota, which has recalled millions of cars because of floor mats that can snag gas pedals or accelerators that can sometimes stick. Just hours before the incident, Toyota had called reporters to its Torrance, Calif. office to hear experts refute claims that the company had not identified — or fixed — what might be causing its cars to speed out of control.

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Workology

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Ask the BlackBerry guru

When anyone in Darci LaRocque's family got a gift that required assembly — a fish tank, a piece of electronics — she'd always be the one to put it together.

Her technical prowess showed up again when, as an adult, she worked at a bank and showed all her coworkers how to better use their computers' software.

When the bank got bought out by a larger one, she took a buyout and went back to college to study computer systems management.

After graduation, LaRocque — who is 45 now and was in her 30s when she changed careers — got hired by Vancouver Coastal Health in its information technology department. She enjoyed implementing new hardware and software, but not leaving staff to learn things on their own.

"The training was scant, if you gave any at all."

She helped the company set up its executives on BlackBerrys in 2001. But everyone had questions. "I was inundated every time I left my office with 'How do you do this?'" recalls LaRocque.

LaRocque began running classes every two weeks. "They were full classes and everyone raved about it."

Darci LaRocque

In 2007, convinced that training on the mobile device was so badly in need elsewhere as well, LaRocque quit her job and started Swirl Solutions out of her home.

Through her contacts, LaRocque soon found businesses to hire her for two- or three-hour workshops on basic, advanced and money-saving BlackBerry skills training.

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Applications to Ontario universities rise among secondary students
The Ontario Universities' Application Centre released its March undergraduate application statistics yesterday, showing a 2.6 per cent increase in applications among high school students compared to March 2009 figures. METRO NEWS SERVICES

Where does work stop and home life begin?

To obtain a better work-life balance, one should always separate their work life and their home/family life.

SYLVIA PUTZ
for Metro Canada

Bringing work home regularly from the office is something many of us do—about 50 per cent, according to a recent University of Toronto work-life study. And not surprisingly, it intrudes into our personal lives.

"Nearly half the population reports that people bring work home 'sometimes' or 'frequently,' which is particularly concerning given that the negative health impacts of an imbalance between work life and private life are well documented," said University of Toronto sociology professor and lead researcher Scott Schieman.

Schieman and his colleagues measured the extent to which work was interfering with personal time using data from a national survey of 1,800 workers. They found it to be high among several types of workers, including those employed in "high-status" areas, and those who work in stressful workplaces.

The high-status workers reporting interference are ones with job authority, high job skills, high personal earnings, and decision-making latitude. These are people who are more likely to be university or college-educated, or to be professionals, such as lawyers or doctors.

"People who are well-educated, professionals and those with job-related resources report that their work interferes with their personal lives more frequently, reflecting what we refer to as "the stress of higher status," reports Schieman.

In fact, a high-status worker who puts in long hours (50 hours or more per week) and has some or complete control over their work schedule is associated even more strongly with work interference at home.

Another type of worker who has a high level of work interference into their private life is one who works in a stressful work environment with problems such as interpersonal conflict, job insecurity, or a high-pressure situation. These workers don't have much power to set the pacing of their work.

If you are in this unenviable position, you may want to renegotiate the timing of your work.

"Note that excessive pressures are less problematic for those with control over the pace of their work," says Schieman.

And when that isn't the case it may help to "recognize that sometimes higher-status work is a key contributor to stress that results in a work-family imbalance.

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12 Dana Vinge earned the shutout as the University of Alberta Pandas beat the McGill Martlets 2-0 to capture a CIS-record seventh national women's hockey championship. THE CANADIAN PRESS

Pandas make CIS history

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA

Out from the shadows

In the chaotic few moments between the end of the game and his march to the podium, Kevin Koe stood near the corner of the ice, smiling and just a little stunned as he soaked in the spotlight for the first time in his career.

The Alberta skip won the Tim Hortons Brier on his very first try, upending a previously undefeated Ontario team to claim the Canadian men's curling championship last night.

Koe made his best shots when the tension was highest, carving his first indelible imprint on the national stage with a 6-5 triumph in an extra end against Glenn Howard.

"We beat them as a team," Koe said. "It just makes it feel that much better."

Carla Koe, his wife, was more expressive.

"They've been a world-class team for a long time, but this is their first major breakthrough," she said.

Koe sent the game into an extra end with a brilliant hit in the 10th end, and drew for one in the 11th to seal the victory. On top of claiming $40,000 as the winner, Koe and his teammates have won the right to represent Canada at the world championship next month in Cortina d'Ampezzo, Italy.

Koe had never made it to the Brier before this year, an absence due to the fact that he shares a province with iconic Edmonton-based rinks skipped by Kevin Martin and Randy Ferbey. THE CANADIAN PRESS

Sports in brief

PARALYMPICS Colette Bourgonje captured Canada's first medal yesterday at the Paralympic Games, then Vivian Forest and Josh Dueck added to the country's medal haul shortly after. Bourgonje won silver in the women's 10-kilometre sit-ski cross-country.

SOCCER David Beckham will miss the World Cup and most if not all of the Los Angeles Galaxy's season after tearing his left Achilles tendon yesterday while playing for AC Milan.

THE CANADIAN PRESS

SCOREBOARD

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N.Y. Rangers 3 Philadelphia 1
Phoenix 3 Atlanta 2 (SO)
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Washington 4 Chicago 3 (OT)
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Anaheim 4 San Jose 2

Flames Battle in B.C.

DARRYL DYCK/THE CANADIAN PRESS

A shot by Vancouver's Kevin Bieksa bounces off the mask of Calgary's Miikka Kiprusoff during last night's game in Vancouver. The Canucks triumphed 3-1.

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Trading Places
Ryan Reynolds And Jason Bateman will switch bodies in a new buddy comedy movie. The pair has signed to play a family man and his lazy pal in The Change-Up — written by the scribes behind The Hangover. FEMALEFIRST.CO.UK

Entertainment

Dance partner
Dancing with the Stars has imported a new professional dancer from Down Under to team up with Pamela Anderson. Damian Whitewood has joined Dancing's 10th season. PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Haim death probed

A funeral for actor Corey Haim will take place in Toronto this week.

The name of the late Toronto-born actor Corey Haim was found on a fraudulent prescription for a powerful painkiller that authorities said Friday was obtained through a major drug ring.

California Attorney General Jerry Brown's office said records of the prescription in the name of the former teen heartthrob were found during an investigation of the ring that illegally obtained prescription pads and used the stolen identities of doctors to fill them out.

"Corey Haim's death is yet another tragedy linked to the growing problem of prescription drug abuse," Brown said in a statement. "This problem is increasingly linked to criminal organizations, like the illegal and massive prescription drug ring under investigation."

Los Angeles County coroner's officials, however, said they have not yet determined what killed the 38-year-old Haim last week. The actor is expected to be buried at a private funeral in Toronto, which could take place as early as today.

State law enforcement authorities said they were investigating the drug ring and how the name of Haim, who battled addiction for years, appeared on the prescription.

Javier Salaiz, an investigator with the state attorney general's office, said authorities have not yet confirmed that Haim actually filled the prescription or if someone was using his name to acquire the prescription.

However, a person familiar with the investigation who spoke on condition of anonymity because the case is ongoing said Haim may have been doctor shopping.

Assistant Chief Coroner Ed Winter said four prescription drug bottles bearing the actor's name were found in the apartment where he collapsed, but all those drugs had been provided by a doctor who had been treating the actor.

The coroner's office has declined to state what medications were discovered, but said no illegal drugs were found.

Winter said no determination had been made about Haim's cause of death, and toxicology tests would not be available for at least a month.

Haim's agent, Mark Heaslip, said his client's medications were prescribed by an addiction specialist who was working with the actor. He said he thinks, based on what Haim's mother has told him, the actor may have had an adverse reaction to the medication because he was ill. "I don't think Corey overdosed, not at all," he said. THE ASSOCIATED PRESS

Weekend box office

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theaters, according to Hollywood.com:

1. **Alice in Wonderland:** $62 million US
2. **Green Zone:** $14.5 million
3. **She's Out of My League:** $9.6 million
4. **Remember Me:** $8.3 million
5. **Shutter Island:** $8.1 million
6. **Our Family Wedding:** $7.6 million
7. **Avatar:** $6.6 million
8. **Brooklyn's Finest:** $4.3 million
9. **Cop Out:** $4.2 million
10. **The Crazies:** $3.7 million

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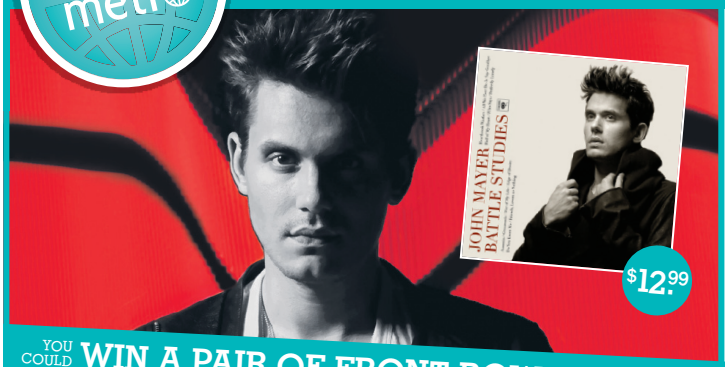

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The 'Socalled' film

Documentary on musician debuts on YouTube

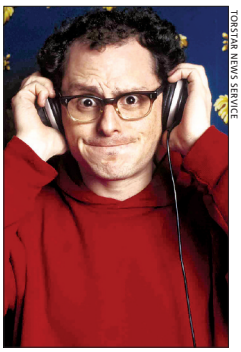
The National Film Board of Canada will debut a documentary about Montreal-based musician Socalled on YouTube in the U.S. this week.

The "Socalled" Movie will be available to Americans on the YouTube Video Rental Service on Tuesday.

That's the same day Socalled — who was born Josh Dolgin in Ottawa — performs at the South By Southwest festival in Austin, Texas.

This is the first time the NFB, which co-produced The "Socalled" Movie with reFrame Films, has made such a deal with YouTube.

The NFB says the collaboration was a perfect fit for this particular movie since Socalled — who fuses music from different cultures and eras — has a strong presence in the U.S. and is a hit on YouTube.


TORSTAR NEWS SERVICE

Montreal-based musician Socalled, a.k.a. Josh Dolgin.

The YouTube Video Rental Service launched at the recent Sundance Film Festival and isn't yet available to Canadians.

The NFB says a Canadian theatrical rollout of The "Socalled" Movie will be announced later this year.

In the past, the NFB has programmed its own YouTube channel and featured some of its animation on YouTube's online screening room.

It's also collaborated with YouTube on an online short-film competition at the Cannes Film Festival.

The "Socalled" Movie, directed by Garry Beitel, was shot in Montreal, New York, France and Ukraine.

THE CANADIAN PRESS

Entertainment in brief

TELEVISION After a smashing return, Jay Leno appears headed to a battle with David Letterman for late-night television supremacy. The Nielsen Co. says Leno averaged 5.6 million U.S. viewers last week, his first back at NBC's The Tonight Show following the ill-fated prime time experiment. Letterman had 3.7 million at CBS. Leno took advantage of curiosity over his return and a strong lineup of guests, including Olympic stars and Sarah Palin. It was a half-million more than he averaged his last season at Tonight. It's been much closer the second week.

THE ASSOCIATED PRESS

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That Bieber's so tweet

Canadian teen singer dominates Twitter conversation

Canadian teen heartthrob Justin Bieber is the most talked about person on Twitter, and nearly the most talked about topic, period.

Bieber-mania is growing on Twitter and is creating a deafening crescendo of chatter that is rising above virtually every other conversation on the popular social media site, which sees 50 million tweets posted daily.

Last week, the 16-year-old pop singer from Stratford, Ont., was the No. 1 most-tweeted about topic, according to the tracking website whatthetrend.com, and this week he fell just short of the top spot and settled for second behind a little event called the Oscars.

Bieber has been on Twitter almost a year but it wasn't until January that his popularity growth really started registering, said Ingo Muschenetz of What The Trend.

He started out the year around seventh in the weekly Twitter reports and now is consistently dominating the list of the most talked about people.

"He is very, very popular on Twitter, he ranks No. 1, easy," Muschenetz said.

"He's certainly No. 1 unless something else comes along, like when the earthquake in Haiti happened that took the No. 1 spot for a few weeks.

As of mid-Friday, Bieber was ranked among the Top 140 most popular Twitter users but his numbers of followers are multiplying daily.

He averages about 11,000 new followers every day, which on Friday helped him pass the Twitter accounts of the influential tech blogs TechCrunch and Silicon Alley Insider.

However, it would take months for Bieber to approach the Top 10, an elite company of Twitter users with more three million followers, such as Lady Gaga, John Mayer, Oprah Winfrey, Barack Obama, Ellen DeGeneres, Britney Spears and top dog Ashton Kutcher.

Bieber may be far behind that group with almost 1.37 million followers but he's got a shot at eventually catching them, said Muschenetz.

THE CANADIAN PRESS

GETTY IMAGES

Last week, Canadian pop singer Justin Bieber was the No. 1 most-tweeted about topic, according to whatthetrend.com.

On Twitter

- You can follow Justin Bieber at @justinbieber.

CA	Vu	SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
3/15/10	267	351 - ACCESS	Alberta Primetime (Live)		Castle (HDTV)		Law & Order (HDTV) (N)		Gossip Girl (HDTV) (N)		Primetime
	243	317 3 CFCN	etalk	Access H.	CSI: Miami (HDTV)		Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang Th	CTV News
	-	- 4 OMNI	King/Queens	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Metropia
	-	371 5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	20/20 (HDTV) Behind the scenes of "The Bachelor." (N)				Castle
	245	306 6 CBRT	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Hockeyville on CBC: 2010		CBC News: The National		The Hour
	244	338 7 CICT	ET Canada	Entertainment	(8:01) Brothers & Sisters (N)		House "Black Hole" (N)		24 (HDTV) (N)		News Hour
	246	- 8 CKAL	Law and Order		Chuck (HDTV) (N)		How I Met	How I Met	Trauma "Protocol" (N)		EP Daily
	119	705 9 CBXFT	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)		Les Boys (SC)	C.A. (N) (SC)	Le Téléjournal Nouvelles. (SC)		TJ Alberta
primetime	-	- 10 SHAW	(6) Local Programming						Local Programming		
	-	372 12 KREM	News	Access H.	The Doctors		How I Met	Engagement	Two/Half Men	Big Bang Th	CSI: Miami
	-	374 14 KSPS	PBS NewsHour (N)		Celtic Thunder: It's Entertainment			Peter, Paul and Mary "Carry It On: A Musical Legacy"			
	502	390 15 CBC	CBC News: The National		To Be Announced		CBC News: The National		CBC News: The National		TBA
	-	370 16 KHQ	News (N)	Millionaire	Jeopardy! (N)	Wheel Fortune	Chuck (HDTV) (N)		Trauma "Protocol" (N)		Law & Order
	-	373 22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	House "Black Hole" (N)		24 (HDTV) (N)		News
	297	652 37 WPIX	Gossip Girl (HDTV) (N)		PIX News at Ten Tong.		Two/Half Men	Friends	Friends	According-Jim	Family Guy
news	500	500 29 CNN	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	508	502 31 CNN2	The Joy Behar Show		Nancy Grace		Showbiz Tonight		The Joy Behar Show		Nancy Grace
sports	400	400 21 TSN	NHL Pregame	NHL Hockey Detroit Red Wings at Calgary Flames. (HDTV) (Live)					SportsCentre	Boxing	
	408	418 27 net	NHL Hockey	Sportsnet Con.	Sportsnet Connected		Hockey Central	MMA Conn	Sportsnet Connected (N)		Telus Oilers
	410	403 30 SCORE	(7:15) WWE Monday Night RAW With Michael Cole and Jerry Lawler.					Score Now	WWE Monday Night RAW		
	411	457 44 OLN	Oper. Repo	Oper. Repo	Ghost Hunters International		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters
	417	406 48 SPEED	Racing Chef	NASCAR	NASCAR	What's Deal?	Car Crazy	NASCAR Hub	Fast Track to Fame (HDTV)		Racing Chef
family	552	543 20 YTV	iCarly	To Be Indie	iCarly	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	557	541 39 FAM	Han. Montana	Jonas	Wizards-Place	Suite Life	Sonny-Chance	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
	555	545 67 TOON	Johnny Test	Johnny Test	*Scooby-Doo! The Mystery Begins* (2009, Comedy)				Futurama	King of the Hill	American Dad
	575	583 11 CMT	According-Jim	According-Jim	*Take Me Home: The John Denver Story* ★★ (2000, Docudrama) Chad Lowe.					*Take Me Home: Denver*	
	553	546 17 TREE	Franklin	Bucket-Dinos	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	505	398 19 TWN	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	602	568 23 W	House-Sell	House-Sell	Supernanny		How Clean Is	How Clean	Love It or List It		Love It-List It
	521	560 24 TLC	Ultimate Cake Off (N)		Cake Boss	Cake Boss	Our Little Life	Our Little Life	Ultimate Cake Off		Cake Boss
	603	561 25 FOOD	Kitchen Nightmares		Pitchin' In	Glutton	Restaurant Makeover		Diners, Drive	Unwrapped	Nightmares
	615	520 26 A&E	Intervention "Amy W."		Hoarders (HDTV)		Paranormal	Paranormal	(10:01) Intervention		Intervention
	617	522 32 SHOW	Trailer Park	Trailer Park	Relic Hunter		*Love Notes* (2007, Drama) Laura Leighton, Antonio Cupo.				Bones
	601	562 33 SLICE	Tori & Dean: Home		Love Inc.	Love Inc.	ET Canada	Whatever	Real Housewives of New York		Housewives
	-	633 34 ENC2	Break Leg	*Hatley High* ★★ (2003, Comedy)			*Bring It On* ★★ (2000, Comedy), Eliza Dushku			(10:40) *Spring Break* (1983)	
	520	505 35 DISC	Dirty Jobs (N)		Motor City Motors (N)		Daily Planet		MythBusters		Motor City
	620	523 36 BRAVO	*Caesar and Cleopatra* (2009, Comedy), Peter Donaldson				Law & Order "Deadbeat"		Without a Trace		*Caesar an*
	294	650 40 WPCH	Monica: Still	Monica: Still	Seinfeld	Name Is Earl	Law & Order: Special Victims		*Head of State* ★★ (2003, Comedy)		
	626	547 41 COM	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Stanhope
	-	539 42 TCM	(6) *Boom Town* (1940)		(8:15) *The Prince and the Pauper* ★★★ (1937, Adventure) (DVS)					*Penrod and His Twin Brother*	
	628	584 43 SPIKE	TNA Wrestling (HDTV) (N)				Players (HDTV)	God of War III	(10:08) DEA (HDTV)		CSI: Crime Scn
	522	516 45 HIST	Death or Canada (HDTV) Irish-famine migration.				Greatest Tank Battles		Lost Worlds (HDTV)		Shockwave
	627	528 46 SPACE	*Empathy* (2007, Suspense) Stephen Moyer.				Stargate SG-1 "Frozen"		Star Trek: Next Generation		Trek: Voyager
	-	- 47 AMC	(6) *Something to Talk About* (1995)			*Rain Man* ★★★★ (1988, Comedy-Drama) Dustin Hoffman, Tom Cruise.					*Mr. Mom*
	619	525 49 TROP	Carlawood	Prod. Parker	Re-Vamped		Wipeout (N)		Wipeout (N)		Parking Wars
	600	564 50 HGTV	Home to Flip	Marriage	House Hunters	House Hunters	Holmes on Homes		Home to Flip	Bang, Buck	For Rent
	501	391 52 CTV	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	504	508 70 BNN	Squeeze Play		Business News	Berman's Call	Market Call Tonight		Headline	MoneyTalk	Squeeze Play
	526	507 92 VIVA	The Closer "Manhunt"		Cold Case		Mediums	Ghostly Enc.	Judging Amy		Missing
	269	350 93 APTN	Metcom	La Voix Mechif	New Canoe	Storytellers	*Another Country* (2003, Drama) Dakota House, Tina Keeper.				Cashing In
	-	- 94 MCP	World News	News	My Queen	Immortal Yi, So	Lying Low		Simply the	Pinoy Buzz	Orient
	571	581 100 MMM	mmtop10.ca		Behind the Music		Gene Simmons	Wild 'n Out	Behind the Music		Gene Simmons
	570	580 101 MM	disBAND	disBAND	Love Court	Love Court	UR11		Secret Life of American Teen		America's Best
	581	566 102 MTV	Taking, Stage	Taking, Stage	My Life as Liz	My Life as Liz	MTV Live	Sex, News-Roll	The Real World		My Life as Liz
cable variety	-	- 116 TV5	(6) Des racines et des ailes		Voyageur	Urbania	TV5 Le Journal	A Table	Rélais	Sur la piste du renne blanc	

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Boyle's burglar caught?
Police have arrested a 16-year-old male in connection with the break-in at Susan Boyle's home in Scotland, BBC News is reporting. METRO NEWS SERVICES

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Celebrity Buzz

Jonesing for a Jonas

HAVEN'T YOU LISTENED TO TAYLOR SWIFT'S ALBUM? Demi Lovato has confirmed longstanding rumours she's dating Joe Jonas, calling the Jonas Brothers star "perfect" and "incredible," femalefirst.co.uk reports.

The Disney sensations grew close after appearing together in movie-musical Camp Rock in 2008. They sparked rumours of a romance in October when they were spotted on a double date at a Toronto restaurant with Joe's older brother Kevin and his now-wife Danielle Deleasa.

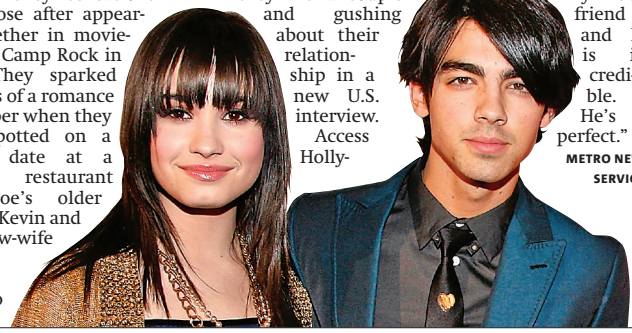
Lovato dismissed reports of a relationship back in November, insisting they "don't have feelings for each other in that way."

But she has now come clean about her romance with Jonas — admitting they are a couple and gushing about their relationship in a new U.S. interview.

Access Hollywood's Billy Bush asked, "So you guys went from boyfriend-girlfriend to best friends?"

Lovato said, "No, kind of the opposite."

She added, "Yeah (we are dating), he is my best friend and he is incredible. He's perfect."



METRO NEWS SERVICES

The kids are tech savvy

SO HE'S AN INTERNATIONAL ACTION MOVIE HERO, NO BIGGIE Matt Damon may be famous around the world, but it isn't that way at home.

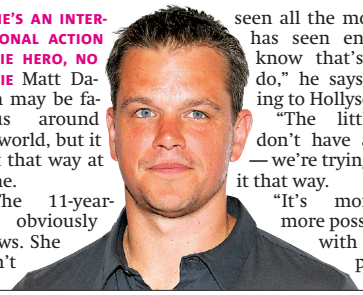
"The 11-year-old obviously knows. She hasn't seen all the movies but has seen enough to know that's what I do," he says, according to Hollyscoop.

"The little ones don't have any idea — we're trying to keep it that way.

"It's more and more possible now with the prevalence of video cameras and technology, iPhones and BlackBerrys.

"Kids are used to seeing their own images on screens.

"So when they see me on a screen, it kind of makes sense for them, 'Yeah, he's on that TV and I'm on this laptop.'"



METRO WORLD NEWS

Everyone take a chill pill

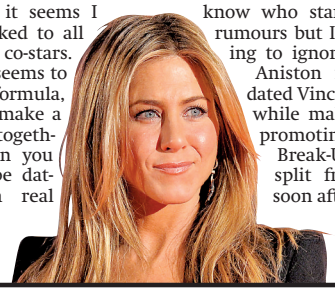
BUT TO BE FAIR, A PRECEDENT HAS BEEN SET HERE, LADY Jennifer Aniston insists she isn't dating The Bounty Hunter co-star Gerard Butler, and she finds it fascinating that people always try to link her to her co-stars.

"Gerry is lovely, he's a real nice guy," she says, according to Hollywood Grind.

"But it seems I get linked to all my co-stars. There seems to be a formula, if you make a movie together, then you must be dating in real life.

"I don't know who starts those rumours but I'm learning to ignore them."

Aniston famously dated Vince Vaughn while making and promoting The Break-Up, but split from him soon after.



METRO NEWS SERVICES

Follow these celebrities on Twitter...

CelebTweets

KATY PERRY used to get excited by fumigation, **ELIZABETH TAYLOR** is defending Kathy Ireland, and **JONATHAN ROSS** doesn't want to hurt his dogs.

@katyperry
When you were kid did you ever mistake those houses that had termite coverings on them... As the circus came to town? I did.

@DameElizabeth
I heard that some scum magazines, print and internet trashed Kathy Ireland on Oscar Red Carpet night. These rags said, to quote them, "She was either stoned or drunk and looked pregnant" — what???? They must be the ones on drugs.

@wossy
Are sausages bad for dogs ? We have left overs from last night — They love 'em but I heard someone tsk once when I gave a bit to Pickle.

METRO NEWS SERVICES

'Cause breaking up is hard to do

BUT WORKING ON THE SAME SET EVERYDAY IS EVEN HARDER After more than a year of dating happily, Jennifer Love Hewitt and Jamie Kennedy have called it quits, Hewitt's rep confirms to People magazine.

Though no other details were given, sources speculate that Kennedy's days on their series, The Ghost Whisperer, may be numbered, as Hewitt is the star and a producer on the show.

GETTY IMAGES

METRO WORLD NEWS

DAINTY & REFINED PARTNER OF PROPER

Watch JEOPARDY! tonight at 7:30 for the answer.
Following Wheel of Fortune at 7pm
Yesterday's answer: What is soak.
CBC

Today Partly Cloudy 14 C / -2 C
Tuesday Mostly Sunny 14 C / 0 C
Wednesday Partly Cloudy 12 C / 2 C

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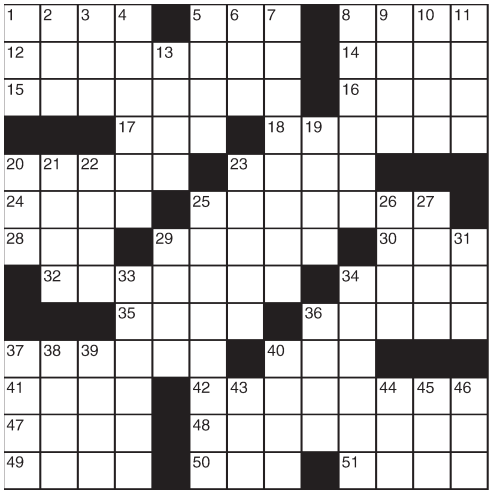
Andrew Schultz, Meteorologist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



ACROSS

1 Odds and —
5 Cigar residue
8 Campus hangout
12 Hawaiian volcano
14 — Minor (constellation)
15 Kathleen of the Obama cabinet
16 Hebrew month
17 Sternward
18 Unexpected
20 Winter garment
23 Dalmatian detail
24 Cause a surfeit
25 Ken of the Obama cabinet
28 — Aviv
29 Felonious monk in "The Da Vinci Code"
30 Ump
32 Hillary of the Obama cabinet
34 Scallopini meat
35 Rotate
36 Private journal
37 Sushi condiment
40 — -relief
41 Bottom of a boat
42 Timothy of the Obama cabinet
47 Needle case
48 Famous aria from "Carmen"
49 Spiritual discipline
50 Bath locale
51 Mormon state

DOWN

1 Type squares
2 Dundee denial
3 Fix the soundtrack
4 Furtive
5 Settled down
6 Old French coin
7 Knows what to do, maybe
8 Watch crystal, maybe
9 Language of Pakistan
10 Pronto, on a memo
11 Blowgun ammo
13 — Romeo (sports car)
19 Feathery neckwear
20 Portion (Abbr.)
21 Guinness or Baldwin
22 Hot dog holder
23 Chic shop
25 Be acceptable
26 Vicinity
27 Posterior
29 Cold-shoulder
31 Aviate
33 Roma's land
34 Hindu preserver god
36 Information
37 Curds' partner
38 Car
39 Hit hard
40 Lettuce variety
43 Water (Fr.)
44 Trawler need
45 Historic time
46 "Go, team!"

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

5					1	9	4	
	4			6		5	1	
1			4					7
				9			8	6
		3				1		
8	7			2				
6					5			4
	8	5		1			2	
	2	7	3					1

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

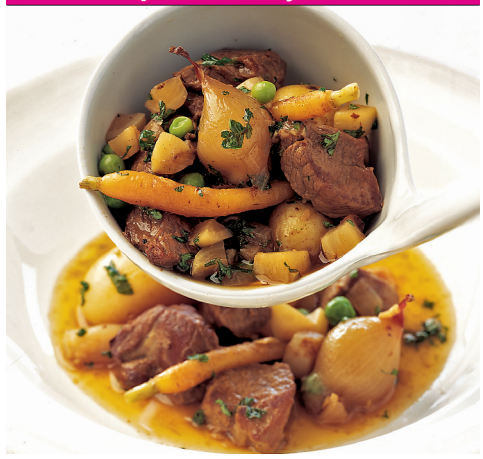
B	A	A		V	A	S	T		H	A	C	K
A	L	L		O	L	I	O		Y	U	L	E
D	E	L	A	W	A	R	E		P	R	A	Y
		E	X	E	S			K	H	A	N	S
P	A	G	E	D		B	O	N	E			
A	D	O	S		D	E	B	O	N	A	I	R
P	E	R		P	E	R	O	T		S	O	U
A	N	Y	W	H	E	R	E		P	I	T	H
			E	A	S	Y		A	L	T	A	R
T	R	E	A	T			A	N	E	W		
R	E	A	L		Y	O	G	I	B	E	A	R
I	N	S	T		I	B	I	S		R	U	E
M	O	T	H		P	I	N	E		E	F	T

5	4	9	1	7	2	3	8	6
8	2	3	6	5	9	1	4	7
6	1	7	3	8	4	2	5	9
4	8	1	9	6	3	7	2	5
9	7	6	2	4	5	8	3	1
2	3	5	8	1	7	6	9	4
7	9	8	4	3	6	5	1	2
1	6	4	5	2	8	9	7	3
3	5	2	7	9	1	4	6	8

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day



Irish Stew

INGREDIENTS:

2 tsp olive oil
1 large onion, chopped
1 garlic clove, finely chopped
500 g lean boneless leg of lamb, trimmed and cut into cubes
1/2 cup dry white wine
2 cups reduced-sodium chicken broth
1 bay leaf
1 sprig fresh thyme
1 kg baby new potatoes, scrubbed
250 g baby carrots
1 cup peeled pearl onions
1 small turnip, diced
1 cup frozen peas
2 tbsp chopped parsley
Salt and pepper.

METHOD:

11. Preheat oven to 350°F (180°C). Heat oil in large flameproof casserole, add chopped onion and garlic and cook, stirring, until softened, 5 minutes. Add lamb and cook until browned on all sides, 5 minutes.

2. Add wine, broth, bay leaf, thyme, potatoes, carrots and pearl onions. Season with salt and pepper. Bring to boil, then cover and transfer to oven. Cook 1 hour.

3. Add turnip and stir. Cover again and continue cooking until meat and vegetables are tender, 30 to 45 minutes, adding peas 10 minutes before end of cooking time.

4. Add parsley and stir well. Taste and season again if needed. Serve hot.

SERVES 6

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
Your nerves may be a bit on edge today but it won't be long before the crisis passes. Eventually will wonder how you managed to get so worked up over nothing.

TAURUS ♉
APRIL 21-MAY 21
What you want you cannot have and what you have you don't really want. The grass isn't always greener on the other side of the fence.

GEMINI ♊
MAY 22-JUNE 21
We all have big ideas but some big ideas are best left on the drawing board. Today there is a smaller idea that will bring you all the rewards you desire.

CANCER ♋
JUNE 22-JULY 22
What catches your eye today may look like the answer to your prayers. By all means start something new but make sure you are able to finish it.

LEO ♌
JULY 23-AUG 23
Today's new moon in the wealth area of your chart means you need to get your hands on some serious money.

VIRGO ♍
AUG 24-SEPT 22
A new moon in your opposite sign of Pisces suggests that your most important relationship will reach new levels of understanding over the next 24 hours.

LIBRA ♎
SEPT 23-OCT 23
Something to do with your working routine is about to be change but it won't be that bad. Why? Because you know how to adapt.

SCORPIO ♏
OCT 24-NOV 22
Whatever your desires and your fantasies may be you are encouraged to indulge them to the full today. Live for the moment.

SAGITTARIUS ♐
NOV 23-DEC 21
You are smart enough to realize there are times when it is necessary to let others win, and this appears to be one of them.

CAPRICORN ♑
DEC 22-JAN 20
Today's new moon will endow you with all the chat and charm you need to win new friends and influence people.

AQUARIUS ♒
JAN 21-FEB 18
The planets are sending you this important message: what you took for granted in the past cannot be taken for granted in the future.

PISCES ♓
FEB 19-MARCH 20
A new moon in your birth sign makes this the perfect day to start being that person you always wanted to be. You WILL succeed now.

This day in history

44 BC: Julius Caesar is stabbed to death by several Roman senators on the Ides of March.
1493: Christopher Columbus returns to Spain after his first trip to the Americas.
1776: South Carolina becomes the first American colony to declare its independence from Great Britain and set up its own government.
1953: International Flying Saucer Bureau declares first World Contact Day.
1985: The first Internet domain name is registered (symbolics.com).

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Free • Looking to improve your soccer skills this year? This elite Nike training app features instructional videos from FC Barcelona coaches. Get tips on ball control, see drills the pros use and even learn some of their signature moves.

Maclean's
Free • The only national news magazine now fits in your pocket. Read selected articles, opinions and blogs, and get the Maclean's perspective on all the issues facing the country.

CBC Hockey
Free • The home of hockey brings you live box scores for the whole NHL schedule, as well as standings and stats for every team and player. Now you can always be on top of your game.

Avis
Free • Get the car you want, when you want it from the car rental service that "tries harder." Easily check real-time availability, make on-the-fly reservations and enjoy access to special rates.

Disney
Free • The largest and most loved entertainment company in the world brings you games, videos, a radio station and more. You can even create a photo of yourself with favourite characters from the Disney movies.

Air Canada
Free • The country's largest airline, at your fingertips. Receive notifications about any changes to your flight, check in and choose your seats – all before you get to the airport.

NFB Films
Free • The National Film Board brings you hundreds of movies – for free. Watch award-winning animations and documentaries right now, or store on your iPhone and view off-line.

LEGO
Free • Enjoy the iconic building toy right on your iPhone. Take a picture, tap the screen and see the image transform itself into Lego bricks before your eyes. Save to your photo library or send to friends and relatives.

The North Face
Free • Before you hit the slopes, pocket this comprehensive resort guide from The North Face. Get trail maps, forecasts, check current snow conditions – from St. Anton to Zermatt.

L'Oréal Paris
Free • Want to know what colours suit your skin tone, or how to apply the perfect lipstick? It's all here on your iPhone. Just tap for make-up tips, skincare information and video demonstrations.

eBay
Free • Put the world's top online marketplace on your iPhone. Search for new stuff and place that last-minute bid even when you're nowhere near your computer.

CBC Radio
Free • Listen to CBC Radio on your iPhone. Tap into 19 live streams and over 60 popular programs on-demand. Browse archived episodes and create a favourites list for quick access to the programs you love.

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Facebook
Free • If you love Facebook, you'll love having it on your iPhone, where you can check status updates, post comments, tag photos and upload videos when you're out and about.

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ESPN
Free • Get instant scores and updates from one of the most reliable names in sports. ESPN's personalized scoreboards let you organize by sport and team so you can follow your favourites wherever you are.

It's amazing who's on the iPhone these days, from Air Canada to Disney, BMW to The North Face.
There are over 140,000 apps for just about anything, only on the iPhone.

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